# GLUTEN-FREE **BREAD & PIZZA** MIX

### SANDWICH BREAD

MAKES 1 LOAF

#### YOU'LL NEED

- 4 TABLESPOONS BUTTER, MELTED
- 1% CUPS MILK, LUKEWARM (95°F)\*
- 3 LARGE EGGS, AT ROOM **TEMPERATURE**

## **DIRECTIONS**

- 1. BEAT together butter or oil, milk, and eggs. Beat in yeast and 1 cup of mix. Add remaining mix 1 cup at a time, scraping bottom and sides of bowl and beating on medium-high speed for 30 seconds each time. When done adding mix, beat on medium-high speed for 2 minutes. Cover with plastic wrap and let rise 30 minutes.
- 2. STIR to deflate. Spoon batter into lightly greased 9" x 5" loaf pan, smoothing surface and leaving middle domed to make a loaf shape. Cover loosely and let rise until crowned 1" over rim of pan, 20-40 minutes.
- 3. BAKE in preheated 350°F oven until golden brown, 50-60 minutes. Turn out of pan and cool on rack.

For guidelines on baking at high altitude, visit: BakeWith.Us/Altitude

#### **BAKER'S TIP:**

For best texture and volume, use an electric hand mixer or stand mixer with flat beater attachment to make this mix.

\*TO MAKE NON-DAIRY, USE ¼ CUP VEGETABLE OIL AND 11/2 CUPS LUKEWARM WATER.

#### PIZZA RECIPE ON SIDE

Bake a perfectly crisp and chewy crust,



## PIZZA CRUST

MAKES 2 PIZZAS

#### YOU'LL NEED

- 1¼ CUPS WATER, LUKEWARM (95°F)
- 4 TABLESPOONS VEGETABLE OR OLIVE OIL, PLUS MORE FOR PANS
- 3 LARGE EGGS, AT ROOM **TEMPERATURE**

#### DIRECTIONS

- 1. BEAT water, oil, and eggs with electric mixer. Beat in 1 cup mix and yeast. Add remaining mix 1 cup at a time, scraping bottom and sides of bowl, beating for 30 seconds each time. When all mix has been added, beat on medium-high speed for 2 minutes.
- **COVER** with plastic wrap and let rise 30 minutes.
- 3. COAT two baking sheets or pizza pans with oil. Scrape half of soft, sticky dough onto each pan. Drizzle with oil and pat each crust into 12"-14" circle or oval. Let crusts rise for 30 minutes, uncovered, while oven preheats to 400°F.
- **BAKE** crusts until tops are set and bottoms are beginning to brown, 8-12 minutes. Remove from oven and top as desired. Bake an additional 6-10 minutes, until bottoms are browned and toppings are cooked.

> 100% EMPLOYEE OWNED



## **GLUTEN-FREE BREAD & PIZZA**

MIX



NET WT 18.25 OZ (1 LB 2.25 OZ) 517g

**YEAST PACKET** 

INCLUDES

MAKES 1 LOAF OR 2 PIZZAS





Certified Gluten-Free by GFCO | GFCO.org

cross-contact prevention, visit: KingArthurBaking.com/Allergen-Program

DOUGH, OR BATTER.

**BEST IF BAKED BY:** 





### **GLUTEN-FREE BREAD & PIZZA MIX**

## **Nutrition Facts**

16 servings per container Serving size 3 Tbsp mix (32g)

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Calories	11	0	16	pared 0	
	% Daily \	% Daily Value*		% Daily Value*	
Total Fat	1g	1%	5g	6%	
Saturated Fat	0.5g	3%	3g	15%	
Trans Fat	0g		0g		
Cholesterol	0mg	0%	45mg	15%	
Sodium	190mg	8%	210mg	9%	
Total Carbohydrate	25g	9%	27g	10%	
Dietary Fiber	0g	0%	0g	0%	
Total Sugars	2g		3g		
Incl. Added Sugars	2g	4%	2g	4%	
Protein	1g		3g		
Vitamin D	0mcg	0%	0.5mcg	2%	
Calcium	60mg	4%	100mg	8%	
Iron	1.7mg	10%	1.8mg	10%	
Potassium	30mg	0%	80mg	2%	
Thiamin	0.24mg	20%	0.25mg	20%	
Riboflavin	0.14mg	10%	0.23mg	20%	
Niacin	1.8mg	10%	2.2mg	15%	

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS: BREAD MIX: SPECIALTY** FLOUR BLEND (RICE FLOUR, TAPIOCA STARCH), TAPIOCA STARCH, POTATO STARCH, CANE SUGAR, EMULSIFIER (MONO- AND DIGLYCERIDES), SALT, XANTHAN GUM, VITAMIN AND MINÉRAL **BLEND** [CALCIUM CARBONATE, NIACINAMIDE (VITAMIN B3), REDUCED IRON, THIAMIN HYDROCHLORIDE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2)], ENZYMES. YEAST: YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID.

#### **DISTRIBUTED BY**

KING ARTHUR BAKING COMPANY, INC. NORWICH, VERMONT 05055 800-827-6836 KingArthurBaking.com

For information on allergens and

DO NOT EAT RAW MIX,