## SPECIALTY FLOUR

## FRESH-LOCK SOFT SEAL ZIPPER

## **100% EMPLOYEE-OWNED**



## EUROPEAN-STYLE

# Artisan Bread

FOR AIRY, CHEWY ARTISAN BREADS WITH AN OPEN CRUMB





NET WT 48 OZ (3 LBS) 1.36kg

# Ideal for artisan loaves, baguettes, pizza & hearth breads.

#### FRESH-LOCK SOFT SEAL ZIPPER

# **Artisan Bread Flour**

Our Artisan Bread Flour blends our unbleached all-purpose flour with white whole wheat flour for added nutrients, and ascorbic acid (vitamin C) for great spring and texture. With a protein content of 11.7%, this blend is perfect for French and Italian hearth-style breads.

## How To Bake With It

- Ideal for hearth and artisan-style breads, this flour also makes wonderful sandwich and dinner rolls. Use it in any yeasted recipe for excellent results.
- Visit KingArthurBaking.com to try it in our distinctly delicious Walnut Bread, Tuscan Coffeecake, or Crusty European-Style Hard Roll recipes.

# OUR RECIPE FOR Italian Sesame Bread

### Dough

- 3 3/4 cups (447g) King Arthur Artisan Bread Flour
- 2 teaspoons instant yeast
- 11/2 teaspoons salt
- 2 tablespoons (25g) olive oil
- 1 to 1 1/4 cups (255g to 283g) lukewarm water

### Topping

3 tablespoons (25g) toasted sesame seeds or whole flax seeds

1 beaten egg white

- Mix and knead dough ingredients by hand, mixer, or bread machine — until smooth and elastic. Place in lightly greased bowl, cover, and let rise 1 1/2 to 2 hours, until puffy.
- Gently deflate and divide into three pieces. Roll into 20"-long ropes, tapering ends slightly. Place on lightly greased or parchment-lined baking sheet. Braid loosely, pinch ends together, and tuck under. Brush with some of beaten egg white.
- Cover and let rise 60 to 90 minutes, until quite puffy. Brush again with egg white and sprinkle with sesame or flax seeds.
- Bake in preheated 400°F oven 20 to 25 minutes, until golden brown. Tent lightly with foil after 15 minutes if browning too quickly. A digital thermometer inserted into center should register 190°F to 200°F. Remove from oven and cool on rack.

Yield: 1 loaf.





BEST IF USED BY:

# **Nutrition Facts**

about 45 servings per container Serving size 1/4 cup (30g) Amount per serving

Calories

# 110

	% Daily Value*
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sug	ars 0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.4mg	2%
Potassium 40mg	0%
*The % Daily Value tells you how mu	

a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: King Arthur Unbleached Flour (wheat flour, malted barley flour), King Arthur White Whole Wheat Flour, Ascorbic Acid.

## **CONTAINS:** Wheat.

KING ARTHUR BAKING COMPANY, INC. NORWICH, VERMONT 05055 800-827-6836 | KingArthurBaking.com

Produced on equipment that also processes eggs, milk, soy, almonds, hazelnuts, pecans, walnuts, and coconut.

#### DO NOT EAT RAW FLOUR, DOUGH, OR BATTER.



WE'RE HERE TO HELP. Call or chat online with our friendly, experienced bakers.

855-371-BAKE (2253) KingArthurBaking.com/bakers-hotline



We're committed to using the power of business as a force for social and environmental good.