

> 100% EMPLOYEE OWNED



GLUTEN-FREE

PANCAKE MIX



DELICIOUSLY
LIGHT &
FLUFFY

FORTIFIED WITH
CALCIUM
IRON &
VITAMIN B

NET WT 15 OZ (425g)







SERVING SUGGESTION



We're committed to using the power of business as a force for social and environmental good.

MAKE YOUR MORNINGS BETTER

Whip up light and fluffy pancakes made with the best ingredients and 21 grams of whole grains per serving.

	4" PANCAKES	5	10	16
 MIX	1 cup	2 cups	full bag	
 LARGE EGG(S)	1 egg	2 eggs	3 eggs	
 OIL OR MELTED BUTTER	1 ½ Tbsp.	3 Tbsp.	4 Tbsp.	
 MILK	¾ cup	1 ¼ cups	2 cups	

DIRECTIONS

- WHISK** together egg(s), butter or oil, and milk. Whisk in mix. Allow batter to sit for 10 minutes to thicken.
- HEAT** lightly greased griddle or skillet to medium.
- POUR** batter, a scant ¼ cup at a time, onto griddle or skillet. Cook until bubbles form on top side; flip and cook until lightly browned (1-2 minutes).

FOR WAFFLES

Prepare batter as directed. Add 1-2 additional minutes to the recommended time from your waffle iron's instructions.

BAKER'S TIP

To make non-dairy: use oil variation or vegan butter and use your favorite non-dairy milk. Visit BakeWith.Us/PancakeTips for more tips and techniques.

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Nutrition Facts

One serving = 2 pancakes
 about 8 servings per container
 Serving size 1/3 cup dry mix (53g)

	Mix		Prepared	
Calories	180		300	
	% Daily Value*		% Daily Value*	
Total Fat	0.5g	1%	11g	14%
Saturated Fat	0g	0%	6g	30%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	70mg	23%
Sodium	440mg	19%	550mg	24%
Total Carbohydrate	41g	15%	44g	16%
Dietary Fiber	1g	4%	1g	4%
Total Sugars	4g		7g	
Incl. Added Sugars	3g	6%	3g	6%
Protein	2g		6g	
Vitamin D	0mcg	0%	1mcg	6%
Calcium	290mg	20%	370mg	30%
Iron	2.7mg	15%	2.9mg	15%
Potassium	80mg	2%	190mg	4%
Thiamin	0.37mg	30%	0.39mg	35%
Riboflavin	0.17mg	15%	0.34mg	25%
Niacin	4.9mg	30%	4.8mg	35%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE GRAIN BROWN RICE FLOUR, POTATO STARCH, TAPIOCA STARCH, RICE FLOUR, CANE SUGAR, BAKING POWDER (BAKING SODA, CALCIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), NATURAL FLAVORS, SALT, VITAMIN AND MINERAL BLEND [CALCIUM CARBONATE, NIACINAMIDE (VITAMIN B3), REDUCED IRON, THIAMIN HYDROCHLORIDE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2)], XANTHAN GUM.

DISTRIBUTED BY
 KING ARTHUR BAKING COMPANY, INC.
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NON-DAIRY: see Baker's Tip

Certified Gluten-Free by GFCO | GFCO.org

For information on allergens and cross-contact prevention, visit: KingArthurBaking.com/Allergen-Program

DO NOT EAT RAW MIX, DOUGH, OR BATTER.

BAKER'S HOTLINE
 Call or chat online with our friendly bakers.
 855-371-BAKE (2253)
KingArthurBaking.com/Bakers-Hotline

